



# 1<sup>st</sup> European Congress on Anti-Aging Medicine

October 18<sup>th</sup> – 21<sup>st</sup> 2006, Vienna · Austria

16<sup>th</sup> Congress on Menopause  
Andropause Anti-Aging

# MAIN PROGRAMME



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A STAR ALLIANCE MEMBER 

*Dear Colleagues!*

*On behalf of the Local Organizing Committee we wish to welcome you to the First International Congress of the European Society of Anti-Aging and Preventive Medicine. This Congress will be taking place in the unique Imperial Palace Conference Center “Hofburg” in Vienna/Austria.*

*From the embryonic conception at the very beginning of life, every human being passes through an individual childhood, adolescence, adulthood, menopause, andropause and senescence. Each phase of life has an accompanying aging process, which requires specific analysis, that can only be achieved through overarching interdisciplinary medical thoughts and perspectives. Naturally aging science concerns care fields in medicine like gynaecology, endocrinology, genetics, orthopaedics, dermatology, aesthetic and general medicine. But, anti-aging medicine goes beyond these fields into an overwhelming research and hypothesis, which have attracted some of the most innovative minds in contemporary medicine. Aging science promises to invest medicine with a new sense of discovery.*

*The promise of longevity, controversial as it is, is already a talking point amongst the young, the aged of the future. They are looking towards medicine for answers and indicators. Current demographic developments in Europe require answers from medicine and politics. This conference undertakes to provide those answers, by bringing together the very best scientists in current anti-aging global research.*

*Vienna, at the very heart of this new expanding Europe, with its role in historical anti-aging science and its significance as founding city of ESAAM, its unparalleled civic beauty will offer every participant an outstanding conference experience. The anniversaries of Sigmund Freud and W.A. Mozart will guarantee an exceptional social programme.*

*Welcome to Vienna, welcome to the heart of Europe,*

*European Society of Anti-Aging Medicine  
 ESAAM  
 C.A. Bartoletti, M. Klentze, J. Tresguerres*

*Austrian Anti-Aging Society  
 Local Organizing Committee  
 J.C. Huber, M.M. Metka, W. Clementi*

### *Scientific Committee*

L. Auerbach	A.R. Genazzani	M. Kyriazis	W.G. Rossmannith
B. Belikova	D. Georgiev	Ch. Kurz	B. Saletu
M.H. Birkhäuser	S. Ginter	Ch. Lauritzen	A.E. Schindler
W. Braendle	A. Gompel	S. Leodolter	H.P.G. Schneider
N. Brandstätter	C. Gruber	M. Litschgi	B. Schurz
P. Calabrese	G. Holzer	A. Lorcy	S. Skouby
W. Clementi	J.C. Huber	M. Metka	J. Spona
H. Concin	D. Hudita	A. Milewicz	J. Tosner
J. Donat	P. Husslein	E. Müller-Tyl	M. Van Trotsenburg
R. Druckmann	H. Insel	F. Nagele	H. Verhoeven
W. Eppel	A. Jungbauer	M. Neves e Castro	T. Von Holst
E. Ertüngealp	B. Kleine-Gunk	R. Ney	A.S. Wolf
F. Fischl	M. Klentze	S. Palacios	Ch. Wüster
G. Freude	P. Koliba	M. Peterlik	C. Zouboulis
M. Gambacciani	E. Kubista	A. Römmler	

# Sichtbar längerjung.

Faltenbehandlung mit **BELOTERO**<sup>®</sup>

D. Grablowitz, Non-Operative Methods in Aesthetic Medicine. A Demonstration Workshop

Thursday  
October 19th  
17.15 - 18.15

 **MERZ. Modulare Konzepte**

Falten-Filler

**BELOTERO**<sup>®</sup>

Hautverjüngung

*Hyal-System*



## PRE-CONFERENCES

8.00 – 19.00

**2<sup>nd</sup> European Exam to Achieve the European Diploma in Preventive and Anti-Aging Medicine** *Maria Theresien Appartement II*

10.00 – 16.00

*P. Hadji – M. Gambacciani*

**Osteoporosis in Gynaecology – Workshop 2006  
Role of Gynaecologists in the Management  
of Postmenopausal Osteoporosis**

*Radetzky Appartement II*

10.00 – 12.30

**Workshop of Nutritional Associations and Societies**

*Zeremoniensaal*

*Chair: E. Unterberger, S. Reiselhuber*

- |               |  |
|---------------|--|
| K. Schindler  | Weight Increase: An Inevitable Fate of Menopausal Women?                                 |
| A. Mörxhuber  | Nutrition Information:<br>Tools for Effective Communication with Consumers and the Media |
| P. Rust       | The Life Style of Young Adults Influences Wellness in the Second Stage of Life           |
| H. Reber      | Dementia Protection with Knife and Fork?   |
| S.C. Bischoff | Probiotics, Prebiotics and Synbiotics: Their Relevance in Clinical Medicine              |
| P. Prock      | Research with Nutraceuticals   |

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*This Congress is organized under the auspices of*

ESAAM – EUROPEAN SOCIETY OF ANTI-AGING MEDICINE

AUSTRIAN ANTI-AGING SOCIETY

AUSTRIAN MENOPAUSE AND ANDROPAUSE SOCIETY

EMAS – EUROPEAN MENOPAUSE AND ANDROPAUSE SOCIETY

EUROPEAN SOCIETY OF GYNAECOLOGY AND OBSTETRICS GERMAN-FRENCH LANGUAGE

IMS – INTERNATIONAL MENOPAUSE SOCIETY

# Haelan 951

**Gezielte biologische  
Krebstherapie und -prävention**



## **Institut für Molekulare Krebsdiagnostik**

- **Tumorfrüherkennung**
- **Resistenzfrüherkennung der Krebszellen**
- **Gezielte Therapie**  
(Optimierung des Entscheidungsprozesses  
bei Krebsbehandlungen)

**Sie finden uns in der Antekammer**

## MAIN CONFERENCE

14.00 – 16.00

Congress Opening

### Europe: The Demographic Development in the 21<sup>st</sup> Century

Zeremoniensaal

Chair: J.C. Huber, M. Metka

<i>W. Clementi</i>	ESAAM – A New Society for a New Europe
<i>J.C. Huber</i>	The Impact of Science and Medicine
<i>K. Unterreiner</i>	Empress Elisabeth – Myth and Reality
<i>Ch. Lauritzen</i>	The Dream of Permanent Youth and Everlasting Life

16.00 – 16.30 Coffee break

16.30 – 18.30

Parallel Session

### Aging Theories – Why Aging?

Zeremoniensaal

Chair: B. Schurz, C. Worda

<i>G. Wick</i>	General Overview of Aging Theories
<i>S. Palacios</i>	Epidemiologic Aspects of Age-Related Diseases
<i>J.C. Huber</i>	Cell Senescence
<i>R. Bittner</i>	The Role of Mitochondria in the Aging Process

### Gender Specificity in Aging and Preventive Medicine

Geheime Ratstube

Chair: E.L. Cooper, H. Concin

<i>H. Concin</i>	Relevance of Specific Prognostic Risk Factors in Men and Women
<i>P. Pietschmann</i>	Bone – A Hormone Responsive Tissue
<i>S. Semsroth</i>	Why Do Hearts of Men and Women Beat Differently? A Cardiosurgical Approach
<i>E.L. Cooper</i>	Evidence Based Complementary and Alternative Medicine (eCAM): In Vivo and In Vitro Models that Analyze Senescence

### The Treasury of Nature Pharmacy: Phytohormones, Polyphenoles

Schatzkammersaal

Chair: M. Metka, A. Jungbauer

<i>T. Szekeres</i>	Effects of Resveratrol and Resveratrol Analogues – The Magic Ingredients of Wine?
<i>B. Kleine-Gunk</i>	Steroid Hormones and Beauty – Aesthetic Endocrinology
<i>W. Wuttke</i>	Prevention of Age-Related Diseases by Pre- and Peri-Pubertal Administration of Isoflavones
<i>A. Jungbauer</i>	Isoflavone Therapy in Adolescence

### Transcendental Medicine

Radetzky Appartement II

Chair: Y. Miremadi, K.J. Neeser-Sirikantraporn

<i>A. Meng</i>	TCM: Nutrition as Anti-Aging in East-Asian Countries
<i>A. Bhalla</i>	Ayurveda – A New Science and Practical Therapy in Anti-Aging Medicine
<i>D. Gradinaru</i>	Gerovital H3 and Aslavital – The First Anti-Aging Treatment in the World
<i>D. Fastenbauer</i>	Is it Allowed to them, or Not? (Sexuality for Elderly People Based on Different Cultures – A Gerontopsychotherapeutic Viewpoint)



**8.00 – 10.00** *Parallel Session*

## **Diagnosis of Aging**

*Zeremoniensaal*

*Chair: Ch. Kurz, C. Zouboulis*

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|---------------------|--|
| <i>J.C. Huber</i>   | Gene Analysis: What can they predict in the Aging Process? |
| <i>A. Wolf</i>      | Diagnosis of Aging Parameters                              |
| <i>B. Wessner</i>   | Diagnosis of Inflammation and Oxidative Stress             |
| <i>C. Zouboulis</i> | Molecular Aging and Regenerative Pathways                  |

## **Satellite Symposium**

*Geheime Ratstube*

### **Adjuvant Treatment of Cancer with Soy: Prospects and Limitations**

*Chair: U. Rohr*

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|---------------------|--|
| <i>U. Rohr</i>      | Soy in the Treatment of Cancer?                                |
| <i>D. Bachg</i>     | Early Detection of Cancer by Genetic Characterization          |
| <i>W. Wainright</i> | Clinical Experience of Cancer, Co-Treatment with Fermented Soy |
| <i>M. Imhof</i>     | Genetic Fingerprints of Soy in Human Cancer Tissue             |

## **Early Aging**

*Schatzkammersaal*

*Chair: F. Fischl, G. Freude*

- |                   |   |
|-------------------|---|
| <i>M. Imhof</i>   | Micronutrient Combination Product influence Sperm Quality   |
| <i>W. Eppel</i>   | Anti-Aging Starts in Utero                                  |
| <i>C. Tempfer</i> | Frequency of Pregnancies: Effect on Woman's Life Expectancy |
| <i>F. Fischl</i>  | Late Child Desire: The Relevance in Anti-Aging and HRT      |

*10.00 – 10.30 Coffee Break & Poster Presentation*



**10.30 – 12.15**

*Parallel Session*

**Neuroprotection – Neuroaging**

*Zeremoniensaal*

*Chair: G.M. Saletu-Zyhlarz, Ch. Egarter*

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|---------------------------------|--|
| <i>K. Beyreuther</i>            | Alzheimer: 100 Years and Beyond –<br>Towards Aging without Alzheimer's Disease |
| <i>W.G. Rossmanith</i>          | Is the Brain a Pace Keeper for Aging Processes in Humans?                      |
| <i>A.R. Genazzani</i>           | Delta-5 and Delta-4 Androgens Affect Central Opioids and Neurosteroids         |
| <i>A. Römmler</i>               | The Serotonin – Deficiency Syndrome: Affective Disorders and Insomnia          |
| <i>G. Riondino / F. Strollo</i> | Shiftwork and Sleep Disorders as Aging Process Acceleration Factors            |

**Satellite Symposium SCHERING AG**

*Geheime Ratstube*

**New Perspectives of Testosterone Therapy in Aging Men**

*Chair: A. Jungwirth, E. Plas*

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|---------------------|--|
| <i>A. Heufelder</i> | Clinical Experience with Testosterone in Obese, Hypogonadal Diabetics        |
| <i>E. Plas</i>      | Testosterone and Metabolic Syndrome  |
| <i>A. Yassin</i>    | Association of Metabolic Syndrome, Hypogonadism, and<br>Erectile Dysfunction |
| <i>A. Jungwirth</i> | Experience with a Long-Acting Injection of Testosterone Undecanoate          |

*Discussion*

**Nutrition: Risk or Benefit**

*Schatzkammersaal*

*Chair: M. Metka, W. Clementi*

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|--------------------------------|--|
| <i>H. Daniel</i>               | Nutrigenomics and the Future of Eating   |
| <i>R.J. Reiter</i>             | Melatonin, Aging and Age-Related Diseases  |
| <i>W. Wainright</i>            | The Therapeutics of Soy Phytochemicals in Treating and Preventing Cancer                             |
| <i>A. Modelska-Ziolkiewicz</i> | Thyroid Management in Aging  |
| <i>Ch. de Bruijn</i>           | Non-Invasive Raman Spectroscopy as an Indicator of Total Antioxidant<br>Nutritional Status in Humans |
| <i>A. Heufelder</i>            | Adipocytes – Leptine – Neuropeptid Y: Regulatory Metabolic Substances                                |

**12.15 – 14.30**

*Lunch Symposium*

**Lunch Symposium ALSITAN GmbH & Co KG**

*Zeremoniensaal*

**Clinical Results of a New Soy-Isoflavon Composition**

*Chair: U. Rohr, M. Imhof*

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|-----------------|---|
| <i>U. Rohr</i>  | Hormones, Receptors and Chronic Diseases in Aging: A Classification |
| <i>M. Imhof</i> | The Viennese Isoflavon Study on a New Soy Composition               |
| <i>U. Rohr</i>  | Soy-Isoflavones for Prevention of Diabetes Typ II                   |



**14.30 – 16.30** *Parallel Session*

## **Aesthetic Medicine**

*Zeremoniensaal*

*Chair: H. Piza-Katzer, C.A. Bartoletti*

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|-------------------------------|--|
| <i>H. Piza-Katzer</i>         | The New Filler Therapy   |
| <i>S. Schuller-Petrovic</i>   | Liposuction and Lipofilling as an Aesthetic Surgery in Outpatient Department                                     |
| <i>K. Russe-Wilflingseder</i> | Laser Rejuvenation: What is Myth, What is Reality?   |
| <i>C.A. Bartoletti</i>        | The Role of Cutaneous Check-Up in a Preventive Hygienic Programme in Skin-Aging                                  |
| <i>N. Hoflehner</i>           | Aesthetic Breast Surgery: Creation of a Youthful Appearance of the Breast with Mastopexy and Breast Augmentation |
| <i>W. Jungwirth</i>           | Rejuvenation of the Face and Neck: Facelift – The Queen of Visual Anti-Aging                                     |
| <i>G. Pierer</i>              | Aesthetic Plastic Surgery Training in an University Setting – A Contradiction?                                   |

## **General Management of Aging**

*Geheime Ratstube*

*Chair: A.S. Wolf, J.-D. Fauteck*

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|--------------------|--|
| <i>E. Baulieu</i>  | Hormones and Their Role in Aging and Longevity                 |
| <i>K. Nagy</i>     | Metabolic Syndrome: New Candidate Genetic Polymorphism Testing |
| <i>B. Ludvik</i>   | Treatment of Metabolic Syndrome as Age Prevention              |
| <i>Th. Stulnig</i> | Statins and Their Influence on Cardiovascular Disease          |

## **Cardiovascular System and Aging Diseases**

*Schatzkammersaal*

*Chair: W.G. Rossmann, H. Ulmer*

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|---------------------|---|
| <i>H. Concin</i>    | The Controversial History of HRT in CV-Prevention   |
| <i>F. Al-Azzawi</i> | Differential Genomic Effect of Estrogen on the Endothelium                                  |
| <i>E. Minar</i>     | Prevention of Vascular Disease: A Key Factor in Anti-Aging Medicine                         |
| <i>H. Ulmer</i>     | Gamma-Glutamyl Transverase as a Risk Factor for CV-Disease Mortality                        |
| <i>A. Paolicchi</i> | Gender and Age Influence on Gamma-Glutamyl Transferase – A Novel Cardiovascular Risk Factor |

*16.30 – 17.15 Coffee Break & Poster Presentation*



**17.15 – 18.45**

*Parallel Session*

**Nutrition and Health Implication**

*Zeremoniensaal*

*Chair: J. König, R. Ballier*

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|-----------------------------|---|
| <i>S. Knasmüller</i>        | Antioxidant and DNA Protective Effects of Coffee Consumption: Results of Controlled Human Intervention Trials |
| <i>R. Ballier – O. Knes</i> | Individual Supplementation of Micronutrients Based on Specific Blood Analyses                                 |
| <i>A.-T. Enderl</i>         | Food Intolerance – Laboratory Diagnostic and Improvement of Quality of Life                                   |
| <i>K.-H. Wagner</i>         | Trans Fatty Acids – Their Relevance in Different Nutrition Concepts (Present Situation in Austria)            |
| <i>J. Birkmayer</i>         | Coenzyme 1 (NADH): A Proven Anti-Aging Substance  |

**Satellite Symposium BIONORICA AG**

*Geheime Ratstube*

**Resveratrol – Is the Fountain of Youth Found in a Bottle of Red Wine?**

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|-----------------------|--|
| <i>J. Harrer</i>      | Phytoneering and Wine                                    |
| <i>A. Jungbauer</i>   | Resveratrol – Its Metabolism in Grapes and Men           |
| <i>B. Kleine-Gunk</i> | Resveratrol – How Does it Work as a Longevity Substance? |

**Satellite Symposium APOMEDICA GmbH**

*Schatzkammersaal*

*Chair: J.C. Huber, M. Metka*

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|-----------------------------------|--|
| <i>M. Metka</i>                   | The Use of Phytochemicals in the History of Anti-Aging Medicine                            |
| <i>K.J. Neeser-Sirikantraporn</i> | Exercise-Anti-Aging Connection: The Asian Way  |
| <i>W. Ziemann</i>                 | Measurement of Free Steroid Hormone Levels in Anti-Aging Medicine: Techniques and Pitfalls |
| <i>G. Hochleitner</i>             | Chocolate Research: A Substance with a Wide Range of Attitudes                             |

**Workshops**

*All Workshops take place at Radetzky Appartement II*

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|----------------------|---|
| <b>8.30 – 10.30</b>  | Workshop GENOSENSE Diagnostics GmbH:<br>The Impact of Genetic Polymorphisms on Preventive Medicine<br><i>(please register at the GENOSENSE booth at Rittersaal)</i> |
| <b>11.00 – 12.00</b> | <i>I. Lunzer</i><br>Facial Rejuvenation Acupuncture   |
| <b>16.15 – 17.15</b> | <i>P. Hernuss</i><br>Fatty Apron:<br>Abdominal Tightening and Umbilical Transposition with Liposuction  |
| <b>17.15 – 18.15</b> | <i>D. Grablowitz</i><br>Non-Operative Methods in Aesthetic Medicine. A Demonstration Workshop   |



**8.00 – 10.00**

*Parallel Session*

## **Effects of Testosterone in Men**

*Zeremoniensaal*

*Chair: Ch. Kratzik, F. Romanelli*

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|---------------------|---|
| <i>B. Lunenfeld</i> | Effects of Testosterone in Men                |
| <i>A. Milewicz</i>  | Endocrine Varieties of Aging in Men           |
| <i>E. Plas</i>      | Therapy Options in Non-PDE Responder Patients |
| <i>A. Yassin</i>    | Testosterone and Obesity                      |
| <i>Ch. Kratzik</i>  | Testosterone and Depression                   |

## **Physical Activity in the Aging Process**

*Geheime Ratstube*

*Chair: W. Eppel, W. Clementi*

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|---------------------|--|
| <i>P. Haber</i>     | Biomarkers of Aging and Physical Activity      |
| <i>R. Weinstabl</i> | Typical Sports Injuries: Diagnosis and Therapy |
| <i>N. Bachl</i>     | Active Aging and Physical Activity             |
| <i>A. Wolf</i>      | Sarcopenia: A Constant Comorbidity of Aging    |

## **Free Communication I**

*Schatzkammersaal*

*Chair: U. Rohr, P. Rohdewald*

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|-------------------------|---|
| <i>G. Békési</i>        | Do Weak Oestrogens also Have any Antioxidant Capabilities?  |
| <i>B. Rostad</i>        | Depression in Elderly Women   |
| <i>M. Azadi</i>         | A Survey about Diseases Pattern in 45–65 Years Old Woman in North and East of Tehran, Year 2005         |
| <i>P. Rohdewald</i>     | Successful Treatment of the Climacteric Syndrome with Pycnogenol  |
| <i>S. Taavoni</i>       | Sexual and Marital Satisfaction: Related Factors in 45–65 Years Old Women in South of Tehran, Year 2006 |
| <i>I. Ceausu</i>        | One Day Clinic for Endometrium Evaluation in Postmenopause  |
| <i>P. Cisár</i>         | Effect of Pine Bark Extract (Pycnogenol®) on Symptoms of Knee Osteoarthritis                            |
| <i>V.V. Povoroznjuk</i> | Effectiveness of Different Forms of Teraflex in Treatment of Knee Osteoarthritis                        |
| <i>P. Rohdewald</i>     | Improvement of Heart Health by Administration of Bioflavonoids  |
| <i>J. Feher</i>         | Mitochondrial Dysfunction: A New Target for Treating Age-Related Macular Degeneration                   |

*10.00 – 10.30 Coffee Break & Poster Presentation*



**10.30 – 12.00**

*Parallel Session*

## **Genetics and Polymorphism**

*Zeremoniensaal*

*Chair: E. Vytiska-Binstorfer, M. Klentze*

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|-------------------|--|
| <i>J.C. Huber</i> | Polymorphism and Endocrine Metabolism        |
| <i>E. Chin</i>    | Preventive Genetic Testing – Should We Know? |
| <i>M. Klentze</i> | Genetics of Cardiovascular Risk              |
| <i>D.J. Skene</i> | Human Chronobiology and Genetics             |

## **Dermatology**

*Geheime Ratstube*

*Chair: D. Kopera, E. Bartoletti*

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|----------------------|---|
| <i>J.G. Ionescu</i>  | Slowing Down the Photoaging of Human Skin                         |
| <i>D. Kopera</i>     | Infrared Light: A New Approach in Skin Tightening                 |
| <i>F. Terranova</i>  | Skin Aging from Molecules to Wrinkles                             |
| <i>E. Bartoletti</i> | Aesthetic Medicine Complimentary to Aesthetic Plastic Surgery     |
| <i>D. Grablowitz</i> | Outpatients Non-Surgical Treatment of the Face                    |
| <i>P. Manissier</i>  | Efficacy of a Dietary Supplementation against Winter Skin Xerosis |

## **An Outpatient Menopause and Anti-Aging Center Construction**

*Schatzkammersaal*

*Chair: S. Jirecek, E. Ertüngenalp*

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|---------------------|---|
| <i>R. Goldman</i>   | The American View on Anti-Aging Medicine  |
| <i>H. Insel</i>     | Modern Check Up in Anti-Aging   |
| <i>S. Savas</i>     | Genetics-Bioprocesses and Aging in an Outpatient Department                                     |
| <i>Y. Matsuyama</i> | History and Current State of Clinical Anti-Aging Therapy in Japan                               |
| <i>F. Ghaly</i>     | Non-Invasive Out Patient Procedure to Revascularize the Heart Muscle without Open Heart Surgery |
| <i>A. Polimeni</i>  | 7keto DHEA and Immune Response in the Elderly   |

## **Free Communication II**

*Radetzky Appartement II*

*Chair: U. Rohr, D.Y.C. Lai*

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|-----------------------|---|
| <i>F. Götz</i>        | Principles and Mechanisms of Neurotropic Action of Androgens  |
| <i>R. Stanislavov</i> | Improvement of Erectile Function and Fertility with Prelox – A Placebo-Controlled, Double-Blind, Cross-Over Study           |
| <i>L. Kaku</i>        | Tailored Detoxification Programme in Anti-Aging   |
| <i>J. Neustadt</i>    | Mitochondrial Dysfunction and Aging   |
| <i>N. Getoff</i>      | Antioxidants and Related Compounds as Retardation Factors of the Aging Process  |
| <i>F. Leblhuber</i>   | Polyneuropathy and Dementia in Old Age: Common Inflammatory and Vascular Parameters   |
| <i>F. Marotta</i>     | A RCT Nutraceutical Intervention on Redox Status and DNA Damage in Healthy Individuals and Relationship with GSTM1 Genotype |
| <i>M. Kyriazi</i>     | Chemoprevention of Murine UVR and DMBE-UVR Induced Non Melanoma Carcinomas by Oral Consumption of Pycnogenol                |
| <i>D.Y.C. Lai</i>     | The Importance of Genetic Mutation and Aberrant Promoter Methylation in Preventive Oncology                                 |
| <i>G. Kögler</i>      | Filling and Beauty: The Recommended and Forbidden Areas: My Tricks  |
| <i>Th. Rapp</i>       | Botox-Treatment for Actresses & Actors. Is there a Difference in Application and What is the Evidence for Common Treatment? |



**12.15 – 14.30** *Lunch Symposium*

**Lunch Symposium VITABASIX**

*Zeremoniensaal*

**Chronobiology: New Approach within the Anti-Aging Medicine**

*Chair: R.J. Reiter*

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|----------------------|--|
| <i>B.M. Stankov</i>  | Basics of Chronobiology                                      |
| <i>D.J. Skene</i>    | Gene Clocks and Their Role for Human Health                  |
| <i>J.-D. Fauteck</i> | Chronoceuticals – First Results of Chronobiological Products |

**14.30 – 16.30** *Parallel Session*

**Osteoporosis**

*Zeremoniensaal*

*Chair: M.A. Dambacher, C. Christiansen*

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|------------------------|---|
| <i>M.A. Dambacher</i>  | Quantitative and Qualitative Evaluation of Bone Structures in Humans In Vivo    |
| <i>E. Boschitsch</i>   | Recent Data of H(R)T-Studies and Their Impact on the Prevention of Osteoporosis |
| <i>Ch. Wüster</i>      | Is Osteoporosis a Metabolic Disease?  |
| <i>C. Christiansen</i> | Osteoporosis Serum Marker: An Update  |
| <i>G. Holzer</i>       | Mechanical Implications in Osteoporosis   |
| <i>H. Resch</i>        | Parathormone an Option in Osteoporosis Treatment?                               |

**International Menopause Society (IMS)**

*Geheime Ratstube*

*Chair: A. Pines*

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|---------------------------------------|--|
| <i>A.O.Mueck</i>                      | Are Estrogen Metabolites Carcinogenic?   |
| <i>M. Gambacciani</i>                 | Postmenopausal Hormones Prevent Chronic, Age-Related Diseases                                |
| <i>D.W. Sturdee</i>                   | Is HRT Suitable only for Younger Postmenopausal Women?                                       |
| <i>M. Birkhäuser –<br/>Ch. Bodmer</i> | The Role of the Menopause Clinic in Promoting the General Health of the Postmenopausal Woman |

**Stem Cell Therapy: Their Option in Anti-Aging Medicine**

*Schatzkammersaal*

*Chair: M. Hengstschläger, K.-H. Preisegger*

- |                          |  |
|--------------------------|--|
| <i>M. Hengstschläger</i> | Stem Cells in the Human Amniotic Fluid                             |
| <i>U. Jacob</i>          | Umbilical Stem Cells   |
| <i>K.-H. Preisegger</i>  | Stem Cell Therapy – What is Myth, What is Reality?                 |
| <i>M.H. Frank</i>        | Immunomodulatory Functions of ABCB5+ Dermal Mesenchymal Stem Cells |
| <i>C. Ganss</i>          | The Significance of Stem Cells in (Preventive) Medicine            |

*16.30 – 17.15 Coffee Break & Poster Presentation*



**17.15 – 18.45**

*Parallel Session*

**Osteoarthritis**

*Zeremoniensaal*

*Chair: K.G. Klein, R. Schabus*

- C. Christiansen*      New Osteoarthritis Serum Marker
- R. Kotz*                Surgical Treatment of Osteoarthritis
- R. Dierichs – S. Rose*   Basics of Osteoarthritis
- R. Schabus*            Joint Trauma and Osteoarthritis

**Healthy Aging and the Factor of Pursuing Happiness**

*Geheime Ratstube*

*Chair: I. Stamm, M. Birkhäuser*

- H.P.G. Schneider*      Health and Happiness after Menopause: Medical and Ethical Aspects
- H. Laszlo*                Optimal Challenge in any Age – A Guarantee for Happiness in the Future
- E. Schuchardt*        Crisis Aging – A Learning Chance?  
Crisis Management – A Lucky Coincidence in Healthy Aging
- G. Fischhof*            Healthy Aging and the Factor Happiness

**Anti-Aging Starts in the Mouth and Peri-Oral Area**

*Schatzkammersaal*

*Chair: I. Simma-Kletschka, H. Zeisler*

- W. Schein*                Relations between Chronic Dental Infections and Systemic Disease
- V. Stejskal*                Metal Allergy and Toxicity – Risk Factors for Aging and Health
- J. Lechner*                Dental Toxins Block Enzymes and Cause Premature Aging
- I. Simma-Kletschka*      Acupuncture in the Mouth and the Peri-Oral Area

**Workshops**

*All Workshops take place at Radetzky Appartement II*

- 8.30 – 9.30**              *V. Grablowitz*  
Endoluminal Laser Therapy in Varicose Vessel Disease
- 14.30 – 15.30**          *J.C. Huber*  
Practical Application of Polymorphism Diagnostics
- 16.15 – 17.15**          *G. Holzer*  
Musculo Skeletal Anti-Aging
- 17.15 – 18.15**          *P. Frigo*  
Hormone Therapy and Adipositas – From Cura Romana to hGH-Therapy



**8.30 – 10.00**

*Parallel Session*

## **Cancer I**

*Zeremoniensaal*

*Chair: H.P.G. Schneider, M. Notelovitz*

- |                       |   |
|-----------------------|---|
| <i>J. Donnez</i>      | Preservation of Fertility and Ovarian Function in Young Women with Cancer |
| <i>E. Kubista</i>     | Endocrine Therapy of Breast Cancer – Effects and Side Effects             |
| <i>B. Kleine-Gunk</i> | Phytoestrogens and Breast Cancer – Protectors or Promoters?               |

## **European Menopause and Andropause Society (EMAS)**

*Geheime Ratstube*

EMAS Updates on HT

*Chair: S. Rozenberg*

- |                    |   |
|--------------------|---|
| <i>A. Gompel</i>   | Breast Cancer   |
| <i>S.O. Skouby</i> | Cardiovascular Disease  |
| <i>D. Barlow</i>   | EMAS Response to the EMEA Recommendation on Osteoporosis Prevention |

*Open Forum: What are the Clinical Perspectives?*

## **Androgens and Prostate**

*Schatzkammersaal*

*Chair: G. Schatzl, M. Metka*

- |                    |  |
|--------------------|--|
| <i>W. Loidl</i>    | New Aspects in Early Diagnosis of Prostate Cancer                                      |
| <i>G. Schatzl</i>  | Genpolymorphism and Prostate Cancer Risk   |
| <i>Ch. Kratzik</i> | Possible Relations between Testosterone Levels, Incidence and Grade of Prostate Cancer |
| <i>C. Brössner</i> | Testosterone Substitution and Prostate Safety  |

*10.00 – 10.45 Coffee Break*



**10.45 – 12.45**

*Parallel Session*

## **The Endocrine Aging – Menopause**

*Zeremoniensaal*

*Chair: H.P.G. Schneider, S. Leodolter*

- |                      |   |
|----------------------|---|
| <i>M. Notelovitz</i> | Nutritional Hormonal Biology and Healthy Aging: The Role of Vitamin D |
| <i>J. Keckstein</i>  | Endometriosis a Women Disease also in Peri- and Menopause             |
| <i>R. Wenzl</i>      | Nutrition – Aging and Endocrine Disorders                             |
| <i>M. Birkhäuser</i> | Is there a Role for Statins in the Menopausal Treatment?              |

## **Cancer II**

*Geheime Ratstube*

*Chair: G. Kornek, L. Auerbach*

- |                         |  |
|-------------------------|--|
| <i>A.B. Riemer</i>      | Epitope-Specific Vaccination for Targeted Therapy against Mammarian and Colon Cancer       |
| <i>W.G. Rossmannith</i> | Can We Learn from Tumour Endocrinology for Tumour Prevention?                              |
| <i>A.E. Schindler</i>   | Ovarian Function and Reproduction: Risk and Benefits for Cancer Development and Prevention |
| <i>M. Klentze</i>       | Proteomics and Early Detection of Urinary Cancer   |

## **Urogenital Aging and Disturbances: An Age Related Disease?**

*Schatzkammersaal*

*Chair: P. Frigo, G. Häusler*

- |                  |   |
|------------------|---|
| <i>W. Umek</i>   | Features of Age-Related Changes in Pelvic Floor Imaging       |
| <i>T. Laml</i>   | Can Urinary Incontinence Be Prevented in Advanced Age Groups? |
| <i>E. Hanzal</i> | Pelvic Organ Prolapse: Risk Factors for an Aging Population   |

**12.45 – 13.00**

*Closing Remarks*

*Zeremoniensaal*

## **Workshops**

*All Workshops take place at Radetzky Appartement II*

- |                      |  |
|----------------------|--|
| <b>9.00 – 10.00</b>  | <i>A. Wolf</i><br>Practice of Personalized Medicine  |
| <b>10.00 – 11.00</b> | <i>R. Ney</i><br>Isolagen: Autologous Fibroblast Injections for Face Rejuvenation (Report of 50 Cases) |

## I. REGISTRATION

### Registration Hours

Wednesday, October 18 <sup>th</sup> , 2006:	7.00 – 18.30
Thursday, October 19 <sup>th</sup> , 2006:	7.00 – 18.45
Friday, October 20 <sup>th</sup> , 2006:	7.00 – 18.45
Saturday, October 21 <sup>st</sup> , 2006:	7.00 – 13.00

### Exhibition Hours

Wednesday, October 18 <sup>th</sup> , 2006:	14.00 – 17.00
Thursday, October 19 <sup>th</sup> , 2006:	9.00 – 17.30
Friday, October 20 <sup>th</sup> , 2006:	9.00 – 17.30
Saturday, October 21 <sup>st</sup> , 2006:	9.00 – 13.00

Registration Fees Onsite (per Person)	
<b>Registration Fee (Oct. 18<sup>th</sup> – 21<sup>st</sup>, 2006)</b>	€ 540
<b>Student*</b>	€ 280
<b>Day Ticket (Oct. 18<sup>th</sup>, Oct. 21<sup>st</sup>, 2006)</b>	€ 100
<b>Day Ticket (Oct. 19<sup>th</sup>, Oct. 20<sup>th</sup>, 2006)</b>	€ 190
<b>Accompanying Person</b> (no entrance to scientific programme)	€ 100
<b>Gala Evening at Leopold Museum (Oct. 20<sup>th</sup>, 2006)</b>	€ 90

\*) Student card or a certificate signed by the Head of Department (not older than 3 months) is required

Workshops		
P. Hadji	October 18 <sup>th</sup> , 2006, 10.00 – 16.00	€ 150
I. Lunzer	October 19 <sup>th</sup> , 2006, 11.00 – 12.00	€ 80
P. Hernuss	October 19 <sup>th</sup> , 2006, 16.15 – 17.15	€ 80
D. Grablowitz	October 19 <sup>th</sup> , 2006, 17.15 – 18.15	€ 80
V. Grablowitz	October 20 <sup>th</sup> , 2006, 8.30 – 9.30	€ 80
J.C. Huber	October 20 <sup>th</sup> , 2006, 14.30 – 15.30	€ 80
G. Holzer	October 20 <sup>th</sup> , 2006, 16.15 – 17.15	€ 80
P. Frigo	October 20 <sup>th</sup> , 2006, 17.15 – 18.15	€ 80
A. Wolf	October 21 <sup>st</sup> , 2006, 9.00 – 10.00	€ 80
R. Ney	October 21 <sup>st</sup> , 2006, 10.00 – 11.00	€ 80

### The fee covers

For participants/students (whole conference):

- Admission to the Scientific Programme
- Admission to the Commercial Exhibition
- Conference Documents (incl. Final Programme and Book of Abstract)
- Refreshment Breaks
- Mayor's Reception at the City Hall, Thursday, October 19<sup>th</sup>, 2006

For accompanying persons (no admission to the Scientific Programme):

- Mayor's Reception at the City Hall, Thursday, October 19<sup>th</sup>, 2006
- Accompanying Persons Tour, Friday, October 20<sup>th</sup>, 2006

## Cancellation and Booking Conditions

### Registration

- before September 15<sup>th</sup>, 2006: Administrative fee of EURO 50,00 will be charged
- after September 15<sup>th</sup>, 2006: No refunds will be made

### Hotel Reservations

- before September 15<sup>th</sup>, 2006: Handling fee of EURO 30,00 will be charged
- after September 15<sup>th</sup>, 2006: Cancellation fee equal to deposit per booked and confirmed room

### Tour Reservations

- before September 15<sup>th</sup>, 2006: 100% refund
- after September 15<sup>th</sup>, 2006: No refunds will be made

No refunds can be made for any services not used.

## II. SCIENTIFIC INFORMATION

### Speaker & Chairperson

All speakers and chairpersons are asked to be in the session room no later than 15 minutes prior to the beginning of the session.

### Poster

Please be informed that only posters with the dimensions 90 cm wide and 130 cm high can be presented. Posters should be presented during the coffee breaks in the morning and afternoon of the main conference days October 19<sup>th</sup> and 20<sup>th</sup>, 2006. We kindly ask to be present at the poster area during the following times:

Thursday, October 19<sup>th</sup>, 2006: 10.00 – 10.30 & 16.30 – 17.15

Friday, October 20<sup>th</sup>, 2006: 10.00 – 10.30 & 16.30 – 17.15

### Speaker Ready Room

Will be open during the registration hours.

It is important that all speakers check their presentation(s) before their session in the Speaker Ready Room (Maria-Theresien-Appartement I). If you are scheduled to speak in the morning we ask to check your presentation the day before. For all other sessions we kindly ask to check your files at the latest of 2 hours prior to the beginning of your session.

### Programme Changes

The organizers cannot accept liability for any changes in the programme due to external and unforeseen circumstances.

### III. SOCIAL ACTIVITIES

#### Mayor's Reception

Thursday, October 19<sup>th</sup>, 2006

20.00 hrs at the Vienna City Hall

Dress Code: Casual

Included in the registration fee for registered participants and registered accompanying persons

#### Gala Dinner

Friday, October 20<sup>th</sup>, 2006

20.00 hrs at Leopold Museum

Dress Code: Evening Dress

Price per ticket EUR 90,00 including guided tour in Leopold Museum, Gala Dinner

#### Included Accompanying Persons Tour

"Fashion and Architecture in Vienna"

Friday, October 20<sup>th</sup>, 2006

Meeting Point: 15.00 hrs Hofburg Congress Center, Botschafterstiege

Duration: approx. 2 1/2 hours

### IV. GENERAL INFORMATION

#### Venue and Date

The 1<sup>st</sup> European Congress on Anti-Aging Medicine & 16<sup>th</sup> Congress on Menopause Andropause Anti-Aging will be held at the Hofburg Congress Center, located at the Heldenplatz, A-1010 Vienna/Austria from October 18<sup>th</sup> – 21<sup>st</sup>, 2006. Entrance to the Congress is via "Schweizertor/Botschafterstiege".

#### Contact

##### Local Organizing Committee

J.C. HUBER, M. METKA, W. CLEMENTI  
Universitätsklinik für Frauenheilkunde  
Währinger Gürtel 18–20  
A-1090 Vienna/Austria  
Tel. +43 1 533 54 78  
Fax +43 1 535 20 72

##### Congress Office

Sponsoring, registration, reservations for  
hotels and tours, abstract handling  
AUSTROPA INTERCONVENTION  
Ms Kristin Volmer  
Friedrichstrasse 7  
A-1010 Vienna/Austria  
Tel. +43 1 588 00 518 or 525  
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<http://www.antiaging-vienna2006.at>

##### Exhibition Management

If you are interested in exhibiting please  
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Ms Martina Schwarz  
Freyung 6  
A-1010 Vienna/Austria  
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Fax +43 1 535 60 16  
[martina.schwarz@media.co.at](mailto:martina.schwarz@media.co.at)

#### Exhibition Hours

Wednesday, October 18<sup>th</sup>, 2006: 14.00 – 17.00  
Thursday, October 19<sup>th</sup>, 2006: 9.00 – 17.30  
Friday, October 20<sup>th</sup>, 2006: 9.00 – 17.30  
Saturday, October 21<sup>st</sup>, 2006: 9.00 – 13.00

#### Language

The official congress language will be English. Simultaneous translation will be provided into German only at lecture room "Zeremoniensaal".

#### Name Badges

All participants, excluding accompanying persons, receive name badges at the registration desk and are kindly asked to wear their name badge for admission to the official scientific programme and exhibition.

#### Certificate of Attendance

A certificate of attendance will be handed out together with your congress documents.

#### Local Time

UTC/GMT + 1 hour

#### Climate

Austria has a characteristic continental climate with average temperatures in October of around 15° C.

#### Electricity

The current electricity used in Austria is 220 V, with 50 HZ frequency.

#### Currency / Credit Cards

The currency used in Austria is the EURO (€). Most hotels, restaurants and shops accept international credit cards. Major credit cards including American Express, Diners, Master Card, Eurocard and VISA are accepted. Automated cash dispensers are located outside most banks, cash can be withdrawn there 24 hours a day.

#### Opening Times

Banks: Monday to Friday 8.00 to 12.30 and 13.30 to 15.00, Thursday from 13.30 to 17.00 – 24 hours automated cash dispensers are located outside most banks.

Business hours: on working days 9.00 to 18.00, some until 20.00 on Thursday or Friday, Saturdays 9.00 to 13.00, larger shops and malls are open until 17.00, closed Sundays and public holiday.

#### Public Transport

Vienna boasts a modern, efficient public transport system consisting of tramways, underground railway [U-Bahn] and buses. Almost all hotels have easy access to the public transportation system. Tickets are sold from dispensers, ticket counters at major subway stations and in tobacco kiosks (TABAK). A weekly ticket, valid on all train, bus, tram and subway lines within Vienna costs € 12,50; a single-ride ticket € 1,50.

#### Insurance / Liability

Neither the organizer nor the congress office can be held liable for loss, injury or damage to any person or property or for any additional expenditure incurred due to changes, whatever the causes. Participants are advised to make their own arrangements for health and travel insurance.

## List of Exhibitors & Sponsors

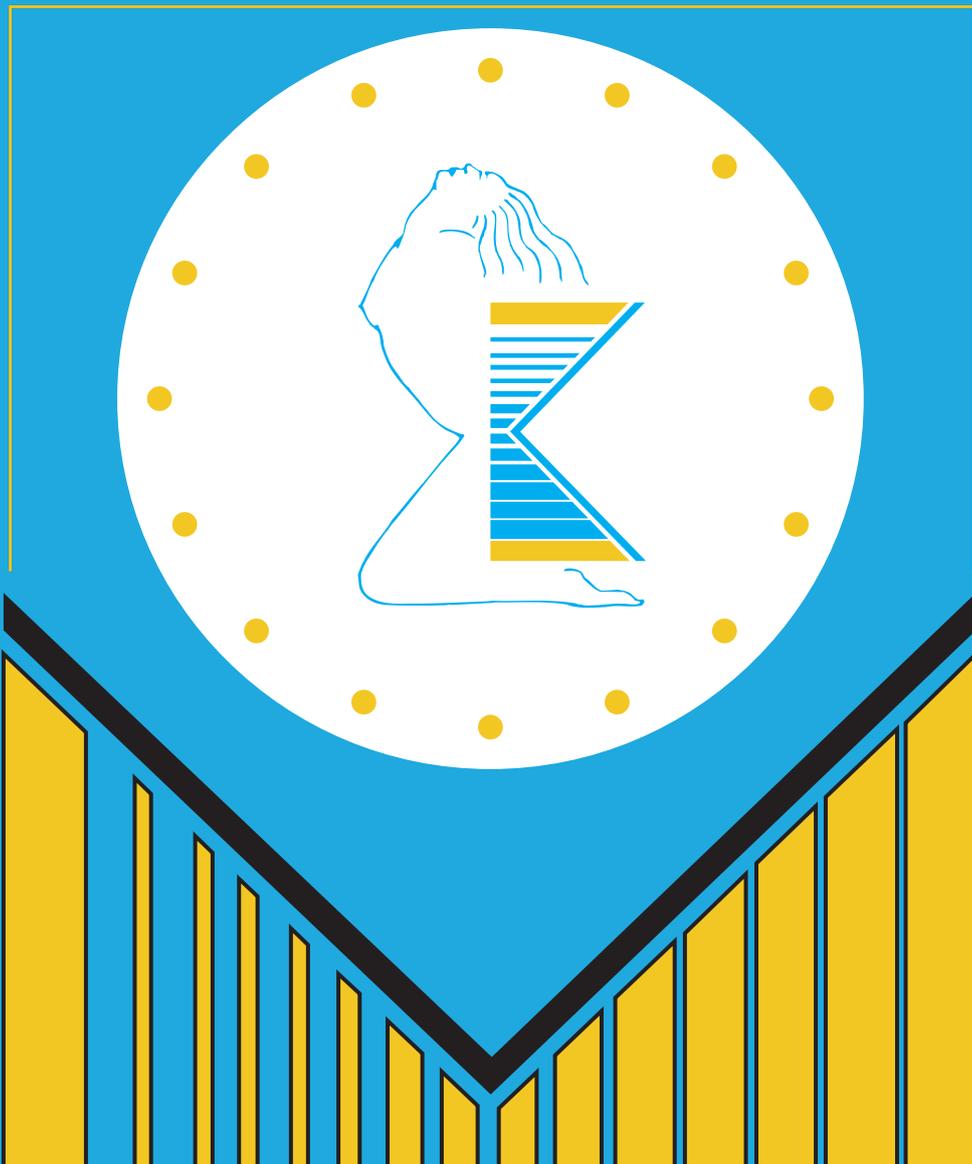
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# MENOPAUSE 2007

ANDROPAUSE  
ANTI-AGING

6.-8. Dezember 2007

HOTEL HILTON VIENNA



## DER MENOPAUSEKONGRESS

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M. M. METKA  
J. C. HUBER  
W. CLEMENTI

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*Kongress-Sekretariat:*  
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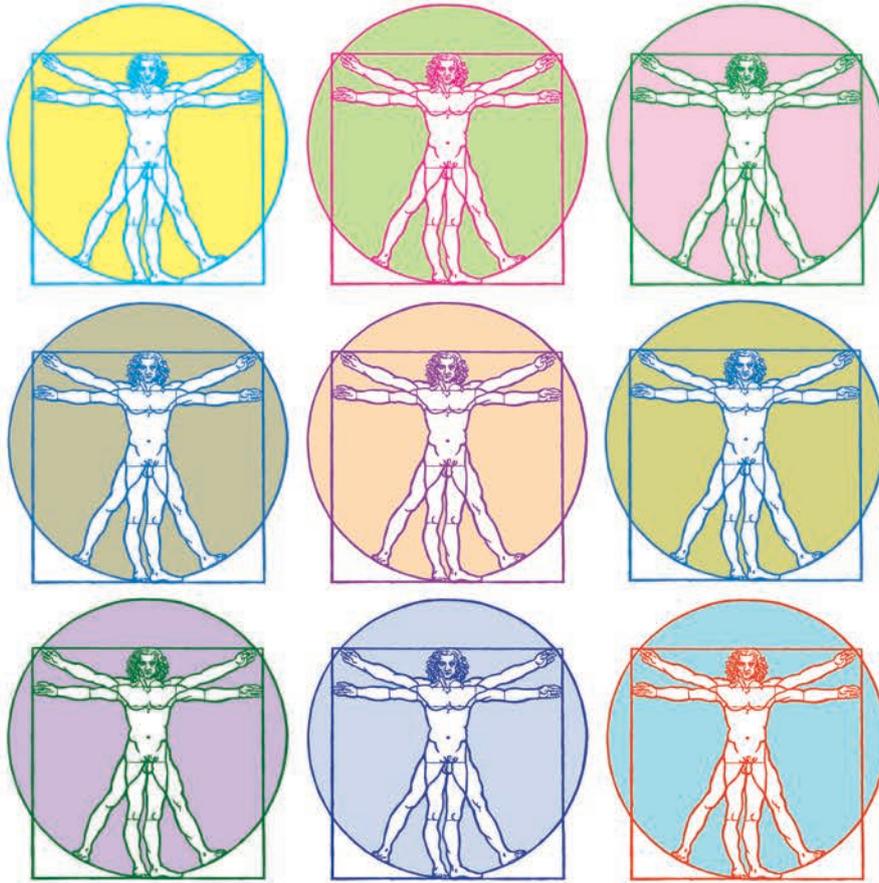
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