



1st European Congress on Anti-Aging Medicine

October 18th – 21st 2006, Vienna • Austria

16th Congress on Menopause
Andropause Anti-Aging

MAIN PROGRAMME



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A STAR ALLIANCE MEMBER 

Dear Colleagues!

On behalf of the Local Organizing Committee we wish to welcome you to the First International Congress of the European Society of Anti-Aging and Preventive Medicine. This Congress will be taking place in the unique Imperial Palace Conference Center "Hofburg" in Vienna/Austria.

From the embryonic conception at the very beginning of life, every human being passes through an individual childhood, adolescence, adulthood, menopause, andropause and senescence. Each phase of life has an accompanying aging process, which requires specific analysis, that can only be achieved through overarching interdisciplinary medical thoughts and perspectives. Naturally aging science concerns care fields in medicine like gynaecology, endocrinology, genetics, orthopaedics, dermatology, aesthetic and general medicine. But, anti-aging medicine goes beyond these fields into an overwhelming research and hypothesis, which have attracted some of the most innovative minds in contemporary medicine. Aging science promises to invest medicine with a new sense of discovery.

The promise of longevity, controversial as it is, is already a talking point amongst the young, the aged of the future. They are looking towards medicine for answers and indicators. Current demographic developments in Europe require answers from medicine and politics. This conference undertakes to provide those answers, by bringing together the very best scientists in current anti-aging global research.

Vienna, at the very heart of this new expanding Europe, with its role in historical anti-aging science and its significance as founding city of ESAAM, its unparalleled civic beauty will offer every participant an outstanding conference experience. The anniversaries of Sigmund Freud and W.A. Mozart will guarantee an exceptional social programme.

Welcome to Vienna, welcome to the heart of Europe,

*European Society of Anti-Aging Medicine
ESAAM
C.A. Bartoletti, M. Klentze, J. Tresguerres*

*Austrian Anti-Aging Society
Local Organizing Committee
J.C. Huber, M.M. Metka, W. Clementi*

Scientific Committee

L. Auerbach	A.R. Genazzani	M. Kyriazis	W.G. Rossmanith
B. Belikova	D. Georgiev	Ch. Kurz	B. Saletu
M.H. Birkhäuser	S. Ginter	Ch. Lauritzen	A.E. Schindler
W. Braendle	A. Gompel	S. Leodolter	H.P.G. Schneider
N. Brandstätter	C. Gruber	M. Litschgi	B. Schurz
P. Calabrese	G. Holzer	A. Lorcy	S. Skouby
W. Clementi	J.C. Huber	M. Metka	J. Spona
H. Concin	D. Hudita	A. Milewicz	J. Tosner
J. Donat	P. Husslein	E. Müller-Tyl	M. Van Trotsenburg
R. Druckmann	H. Insel	F. Nagele	H. Verhoeven
W. Eppel	A. Jungbauer	M. Neves e Castro	T. Von Holst
E. Ertüngenalp	B. Kleine-Gunk	R. Ney	A.S. Wolf
F. Fischl	M. Klentze	S. Palacios	Ch. Wüster
G. Freude	P. Koliba	M. Peterlik	C. Zouboulis
M. Gambacciani	E. Kubista	A. Römmler	

Sichtbar länger jung.

Faltenbehandlung mit **BELOTERO**®

D. Grablowitz, Non-Operative Methods in Aesthetic Medicine. A Demonstration Workshop

Thursday
October 19th
17.15 - 18.15



MERZ. Modulare Konzepte

Falten-Filler

BELOTERO®

Hautverjüngung

Hyal-System



PRE-CONFERENCES

8.00 – 19.00

2nd European Exam to Achieve the European Diploma in Preventive and Anti-Aging Medicine *Maria Theresien Appartement II*

10.00 – 16.00

P. Hadji – M. Gambacciani

Osteoporosis in Gynaecology – Workshop 2006
Role of Gynaecologists in the Management
of Postmenopausal Osteoporosis

Radetzky Appartement II

10.00 – 12.30

Workshop of Nutritional Associations and Societies

Zeremoniensaal

Chair: E. Unterberger, S. Reiselhuber

K. Schindler	Weight Increase: An Inevitable Fate of Menopausal Women?
A. Mörixbauer	Nutrition Information: Tools for Effective Communication with Consumers and the Media
P. Rust	The Life Style of Young Adults Influences Wellness in the Second Stage of Life
H. Reber	Dementia Protection with Knife and Fork?
S.C. Bischoff	Probiotics, Prebiotics and Synbiotics: Their Relevance in Clinical Medicine
P. Prock	Research with Nutraceuticals

This Congress is organized under the auspices of

ESAAM – EUROPEAN SOCIETY OF ANTI-AGING MEDICINE
AUSTRIAN ANTI-AGING SOCIETY

AUSTRIAN MENOPAUSE AND ANDROPAUSE SOCIETY

EMAS – EUROPEAN MENOPAUSE AND ANDROPAUSE SOCIETY

EUROPEAN SOCIETY OF GYNAECOLOGY AND OBSTETRICS GERMAN-FRENCH LANGUAGE

IMS – INTERNATIONAL MENOPAUSE SOCIETY

Haelan 951

**Gezielte biologische
Krebstherapie und -prävention**



Institut für Molekulare Krebsdiagnostik

- **Tumorfrüherkennung**
- **Resistenzfrüherkennung der Krebszellen**
- **Gezielte Therapie**
(Optimierung des Entscheidungsprozesses
bei Krebsbehandlungen)

Sie finden uns in der Antekammer

MAIN CONFERENCE

14.00 – 16.00

Congress Opening

Europe: The Demographic Development in the 21st Century

Zeremoniensaal

Chair: J.C. Huber, M. Metka

W. Clementi	ESAAM – A New Society for a New Europe
J.C. Huber	The Impact of Science and Medicine
K. Unterreiner	Empress Elisabeth – Myth and Reality
Ch. Lauritzen	The Dream of Permanent Youth and Everlasting Life

16.00 – 16.30 Coffee break

16.30 – 18.30

Parallel Session

Aging Theories – Why Aging?

Zeremoniensaal

Chair: B. Schurz, C. Worda

G. Wick	General Overview of Aging Theories
S. Palacios	Epidemiologic Aspects of Age-Related Diseases
J.C. Huber	Cell Senescence
R. Bittner	The Role of Mitochondria in the Aging Process

Gender Specificity in Aging and Preventive Medicine

Geheime Ratstube

Chair: E.L. Cooper, H. Concin

H. Concin	Relevance of Specific Prognostic Risk Factors in Men and Women
P. Pietschmann	Bone – A Hormone Responsive Tissue
S. Semsroth	Why Do Hearts of Men and Women Beat Differently? A Cardiosurgical Approach
E.L. Cooper	Evidence Based Complementary and Alternative Medicine (eCAM): In Vivo and In Vitro Models that Analyze Senescence

The Treasury of Nature Pharmacy: Phytohormones, Polyphenoles

Schatzkammersaal

Chair: M. Metka, A. Jungbauer

T. Szekeres	Effects of Resveratrol and Resveratrol Analogues – The Magic Ingredients of Wine?
B. Kleine-Gunk	Steroid Hormones and Beauty – Aesthetic Endocrinology
W. Wuttke	Prevention of Age-Related Diseases by Pre- and Peri-Pubertal Administration of Isoflavones
A. Jungbauer	Isoflavone Therapy in Adolescence

Transcendental Medicine

Radetzky Appartement II

Chair: Y. Miremadi, K.J. Neeser-Sirikantraporn

A. Meng	TCM: Nutrition as Anti-Aging in East-Asian Countries
A. Bhalla	Ayurveda – A New Science and Practical Therapy in Anti-Aging Medicine
D. Gradinaru	Gerovital H3 and Aslavital – The First Anti-Aging Treatment in the World
D. Fastenbauer	Is it Allowed to them, or Not? (Sexuality for Elderly People Based on Different Cultures – A Gerontopsychotherapeutic Viewpoint)



8.00 – 10.00

Parallel Session

Diagnosis of Aging

Zeremoniensaal

Chair: Ch. Kurz, C. Zouboulis

<i>J.C. Huber</i>	Gene Analysis: What can they predict in the Aging Process?
<i>A. Wolf</i>	Diagnosis of Aging Parameters
<i>B. Wessner</i>	Diagnosis of Inflammation and Oxidative Stress
<i>C. Zouboulis</i>	Molecular Aging and Regenerative Pathways

Satellite Symposium

Geheime Ratstube

Adjuvant Treatment of Cancer with Soy: Prospects and Limitations

Chair: U. Rohr

<i>U. Rohr</i>	Soy in the Treatment of Cancer?
<i>D. Bachg</i>	Early Detection of Cancer by Genetic Characterization
<i>W. Wainright</i>	Clinical Experience of Cancer, Co-Treatment with Fermented Soy
<i>M. Imhof</i>	Genetic Fingerprints of Soy in Human Cancer Tissue

Early Aging

Schatzkammersaal

Chair: F. Fischl, G. Freude

<i>M. Imhof</i>	Micronutrient Combination Product influence Sperm Quality
<i>W. Eppel</i>	Anti-Aging Starts in Utero
<i>C. Tempfer</i>	Frequency of Pregnancies: Effect on Woman's Life Expectancy
<i>F. Fischl</i>	Late Child Desire: The Relevance in Anti-Aging and HRT

10.00 – 10.30 Coffee Break & Poster Presentation

10.30 – 12.15

Parallel Session

Neuroprotection – Neuroaging

Zeremoniensaal

Chair: G.M. Saletu-Zyhlarz, Ch. Egarter

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|---------------------------------|--|
| <i>K. Beyreuther</i> | Alzheimer: 100 Years and Beyond –
Towards Aging without Alzheimer's Disease |
| <i>W.G. Rossmanith</i> | Is the Brain a Pace Keeper for Aging Processes in Humans? |
| <i>A.R. Genazzani</i> | Delta-5 and Delta-4 Androgens Affect Central Opioids and Neurosteroids |
| <i>A. Römmler</i> | The Serotonin – Deficiency Syndrome: Affective Disorders and Insomnia |
| <i>G. Riondino / F. Strollo</i> | Shiftwork and Sleep Disorders as Aging Process Acceleration Factors |

Satellite Symposium SCHERING AG

Geheime Ratstube

New Perspectives of Testosterone Therapy in Aging Men

Chair: A. Jungwirth, E. Plas

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| <i>A. Heufelder</i> | Clinical Experience with Testosterone in Obese, Hypogonadal Diabetics |
| <i>E. Plas</i> | Testosterone and Metabolic Syndrome |
| <i>A. Yassin</i> | Association of Metabolic Syndrome, Hypogonadism, and
Erectile Dysfunction |
| <i>A. Jungwirth</i> | Experience with a Long-Acting Injection of Testosterone Undecanoate |

Discussion

Nutrition: Risk or Benefit

Schatzkammersaal

Chair: M. Metka, W. Clementi

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| <i>H. Daniel</i> | Nutrigenomics and the Future of Eating |
| <i>R.J. Reiter</i> | Melatonin, Aging and Age-Related Diseases |
| <i>W. Wainright</i> | The Therapeutics of Soy Phytochemicals in Treating and Preventing Cancer |
| <i>A. Modelska-Ziolkiewicz</i> | Thyroid Management in Aging |
| <i>Ch. de Bruijn</i> | Non-Invasive Raman Spectroscopy as an Indicator of Total Antioxidant
Nutritional Status in Humans |
| <i>A. Heufelder</i> | Adipocytes – Leptine – Neuropeptid Y: Regulatory Metabolic Substances |

12.15 – 14.30

Lunch Symposium

Lunch Symposium ALSITAN GmbH & Co KG

Zeremoniensaal

Clinical Results of a New Soy-Isoflavon Composition

Chair: U. Rohr, M. Imhof

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|-----------------|---|
| <i>U. Rohr</i> | Hormones, Receptors and Chronic Diseases in Aging: A Classification |
| <i>M. Imhof</i> | The Viennese Isoflavon Study on a New Soy Composition |
| <i>U. Rohr</i> | Soy-Isoflavones for Prevention of Diabetes Typ II |

14.30 – 16.30

Parallel Session

Aesthetic Medicine

Zeremoniensaal

Chair: H. Piza-Katzer, C.A. Bartoletti

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| <i>H. Piza-Katzer</i> | The New Filler Therapy |
| <i>S. Schuller-Petrovic</i> | Liposuction and Lipofilling as an Aesthetic Surgery in Outpatient Department |
| <i>K. Russe-Wilflingseder</i> | Laser Rejuvenation: What is Myth, What is Reality? |
| <i>C.A. Bartoletti</i> | The Role of Cutaneous Check-Up in a Preventive Hygienic Programme in Skin-Aging |
| <i>N. Hoflehner</i> | Aesthetic Breast Surgery: Creation of a Youthful Appearance of the Breast with Mastopexy and Breast Augmentation |
| <i>W. Jungwirth</i> | Rejuvenation of the Face and Neck: Facelift – The Queen of Visual Anti-Aging |
| <i>G. Pierer</i> | Aesthetic Plastic Surgery Training in an University Setting – A Contradiction? |

General Management of Aging

Geheime Ratstube

Chair: A.S. Wolf, J.-D. Fauteck

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| <i>E. Baulieu</i> | Hormones and Their Role in Aging and Longevity |
| <i>K. Nagy</i> | Metabolic Syndrome: New Candidate Genetic Polymorphism Testing |
| <i>B. Ludvik</i> | Treatment of Metabolic Syndrome as Age Prevention |
| <i>Th. Stulnig</i> | Statins and Their Influence on Cardiovascular Disease |

Cardiovascular System and Aging Diseases

Schatzkammersaal

Chair: W.G. Rossmanith, H. Ulmer

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| <i>H. Concin</i> | The Controversial History of HRT in CV-Prevention |
| <i>F. Al-Azzawi</i> | Differential Genomic Effect of Estrogen on the Endothelium |
| <i>E. Minar</i> | Prevention of Vascular Disease: A Key Factor in Anti-Aging Medicine |
| <i>H. Ulmer</i> | Gamma-Glutamyl Transverase as a Risk Factor for CV-Disease Mortality |
| <i>A. Paolicchi</i> | Gender and Age Influence on Gamma-Glutamyl Transferase – A Novel Cardiovascular Risk Factor |

16.30 – 17.15 Coffee Break & Poster Presentation

17.15 – 18.45

Parallel Session

Nutrition and Health Implication

Zeremoniensaal

Chair: J. König, R. Ballier

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| <i>S. Knasmüller</i> | Antioxidant and DNA Protective Effects of Coffee Consumption: Results of Controlled Human Intervention Trials |
| <i>R. Ballier – O. Knes</i> | Individual Supplementation of Micronutrients Based on Specific Blood Analyses |
| <i>A.-T. Endler</i> | Food Intolerance – Laboratory Diagnostic and Improvement of Quality of Life |
| <i>K.-H. Wagner</i> | Trans Fatty Acids – Their Relevance in Different Nutrition Concepts (Present Situation in Austria) |
| <i>J. Birkmayer</i> | Coenzyme 1 (NADH): A Proven Anti-Aging Substance |

Satellite Symposium BIONORICA AG

Geheime Ratstube

Resveratrol – Is the Fountain of Youth Found in a Bottle of Red Wine?

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| <i>J. Harrer</i> | Phytoneering and Wine |
| <i>A. Jungbauer</i> | Resveratrol – Its Metabolism in Grapes and Men |
| <i>B. Kleine-Gunk</i> | Resveratrol – How Does it Work as a Longevity Substance? |

Satellite Symposium APOMEDICA GmbH

Schatzkammersaal

Chair: J.C. Huber, M. Metka

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| <i>M. Metka</i> | The Use of Phytochemicals in the History of Anti-Aging Medicine |
| <i>K.J. Neeser-Sirikantraporn</i> | Exercise-Anti-Aging Connection: The Asian Way |
| <i>W. Ziemann</i> | Measurement of Free Steroid Hormone Levels in Anti-Aging Medicine: Techniques and Pitfalls |
| <i>G. Hochleitner</i> | Chocolate Research: A Substance with a Wide Range of Attitudes |

Workshops

*All Workshops take place at **Radetzky Appartement II***

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| 8.30 – 10.30 | Workshop GENOSENSE Diagnostics GmbH:
The Impact of Genetic Polymorphisms on Preventive Medicine
<i>(please register at the GENOSENSE booth at Rittersaal)</i> |
| 11.00 – 12.00 | <i>I. Lunzer</i>
Facial Rejuvenation Acupuncture |
| 16.15 – 17.15 | <i>P. Hernuss</i>
Fatty Apron:
Abdominal Tightening and Umbilical Transposition with Liposuction |
| 17.15 – 18.15 | <i>D. Grablowitz</i>
Non-Operative Methods in Aesthetic Medicine. A Demonstration Workshop |

8.00 – 10.00

Parallel Session

Effects of Testosterone in Men

Zeremoniensaal

Chair: Ch. Kratzik, F. Romanelli

<i>B. Lunenfeld</i>	Effects of Testosterone in Men
<i>A. Milewicz</i>	Endocrine Varieties of Aging in Men
<i>E. Plas</i>	Therapy Options in Non-PDE Responder Patients
<i>A. Yassin</i>	Testosterone and Obesity
<i>Ch. Kratzik</i>	Testosterone and Depression

Physical Activity in the Aging Process

Geheime Ratstube

Chair: W. Eppel, W. Clementi

<i>P. Haber</i>	Biomarkers of Aging and Physical Activity
<i>R. Weinstabl</i>	Typical Sports Injuries: Diagnosis and Therapy
<i>N. Bachl</i>	Active Aging and Physical Activity
<i>A. Wolf</i>	Sarcopenia: A Constant Comorbidity of Aging

Free Communication I

Schatzkammersaal

Chair: U. Rohr, P. Rohdewald

<i>G. Békési</i>	Do Weak Oestrogens also Have any Antioxidant Capabilities?
<i>B. Rostad</i>	Depression in Elderly Women
<i>M. Azadi</i>	A Survey about Diseases Pattern in 45–65 Years Old Woman in North and East of Tehran, Year 2005
<i>P. Rohdewald</i>	Successful Treatment of the Climacteric Syndrome with Pycnogenol
<i>S. Taavoni</i>	Sexual and Marital Satisfaction: Related Factors in 45–65 Years Old Women in South of Tehran, Year 2006
<i>I. Ceausu</i>	One Day Clinic for Endometrium Evaluation in Postmenopause
<i>P. Cisar</i>	Effect of Pine Bark Extract (Pycnogenol®) on Symptoms of Knee Osteoarthritis
<i>V.V. Povoroznjuk</i>	Effectiveness of Different Forms of Teraflex in Treatment of Knee Osteoarthritis
<i>P. Rohdewald</i>	Improvement of Heart Health by Administration of Bioflavonoids
<i>J. Feher</i>	Mitochondrial Dysfunction: A New Target for Treating Age-Related Macular Degeneration

10.00 – 10.30 Coffee Break & Poster Presentation

10.30 – 12.00

Parallel Session

Genetics and Polymorphism

Zeremoniensaal

Chair: E. Vytiska-Binstorfer, M. Klentze

<i>J.C. Huber</i>	Polymorphism and Endocrine Metabolism
<i>E. Chin</i>	Preventive Genetic Testing – Should We Know?
<i>M. Klentze</i>	Genetics of Cardiovascular Risk
<i>D.J. Skene</i>	Human Chronobiology and Genetics

Dermatology

Geheime Ratstube

Chair: D. Kopera, E. Bartoletti

<i>J.G. Ionescu</i>	Slowing Down the Photoaging of Human Skin
<i>D. Kopera</i>	Infrared Light: A New Approach in Skin Tightening
<i>F. Terranova</i>	Skin Aging from Molecules to Wrinkles
<i>E. Bartoletti</i>	Aesthetic Medicine Complimentary to Aesthetic Plastic Surgery
<i>D. Grablowitz</i>	Outpatients Non-Surgical Treatment of the Face
<i>P. Manissier</i>	Efficacy of a Dietary Supplementation against Winter Skin Xerosis

An Outpatient Menopause and Anti-Aging Center Construction

Schatzkammersaal

Chair: S. Jirecek, E. Ertüngenalp

<i>R. Goldman</i>	The American View on Anti-Aging Medicine
<i>H. Insel</i>	Modern Check Up in Anti-Aging
<i>S. Savas</i>	Genetics-Bioprocesses and Aging in an Outpatient Department
<i>Y. Matsuyama</i>	History and Current State of Clinical Anti-Aging Therapy in Japan
<i>F. Ghaly</i>	Non-Invasive Out Patient Procedure to Revascularize the Heart Muscle without Open Heart Surgery
<i>A. Polimeni</i>	7keto DHEA and Immune Response in the Elderly

Free Communication II

Radetzky Appartement II

Chair: U. Rohr, D.Y.C. Lai

<i>F. Götz</i>	Principles and Mechanisms of Neurotropic Action of Androgens
<i>R. Stanislavov</i>	Improvement of Erectile Function and Fertility with Prelox – A Placebo-Controlled, Double-Blind, Cross-Over Study
<i>L. Kaku</i>	Tailored Detoxification Programme in Anti-Aging
<i>J. Neustadt</i>	Mitochondrial Dysfunction and Aging
<i>N. Getoff</i>	Antioxidants and Related Compounds as Retardation Factors of the Aging Process
<i>F. Leblhuber</i>	Polyneuropathy and Dementia in Old Age: Common Inflammatory and Vascular Parameters
<i>F. Marotta</i>	A RCT Nutraceutical Intervention on Redox Status and DNA Damage in Healthy Individuals and Relationship with GSTM1 Genotype
<i>M. Kyriazi</i>	Chemoprevention of Murine UVR and DMBE-UVR Induced Non Melanoma Carcinomas by Oral Consumption of Pycnogenol
<i>D.Y.C. Lai</i>	The Importance of Genetic Mutation and Aberrant Promoter Methylation in Preventive Oncology
<i>G. Kögler</i>	Filling and Beauty: The Recommended and Forbidden Areas: My Tricks
<i>Th. Rappl</i>	Botox-Treatment for Actresses & Actors. Is there a Difference in Application and What is the Evidence for Common Treatment?

12.15 – 14.30 *Lunch Symposium*

Lunch Symposium VITABASIX

Zeremoniensaal

Chronobiology: New Approach within the Anti-Aging Medicine

Chair: R.J. Reiter

<i>B.M. Stankov</i>	Basics of Chronobiology
<i>D.J. Skene</i>	Gene Clocks and Their Role for Human Health
<i>J.-D. Fauteck</i>	Chronoceuticals – First Results of Chronobiological Products

14.30 – 16.30 *Parallel Session*

Osteoporosis

Zeremoniensaal

Chair: M.A. Dambacher, C. Christiansen

<i>M.A. Dambacher</i>	Quantitative and Qualitative Evaluation of Bone Structures in Humans In Vivo
<i>E. Boschitsch</i>	Recent Data of H(R)T-Studies and Their Impact on the Prevention of Osteoporosis
<i>Ch. Wüster</i>	Is Osteoporosis a Metabolic Disease?
<i>C. Christiansen</i>	Osteoporosis Serum Marker: An Update
<i>G. Holzer</i>	Mechanical Implications in Osteoporosis
<i>H. Resch</i>	Parathormone an Option in Osteoporosis Treatment?

International Menopause Society (IMS)

Geheime Ratstube

Chair: A. Pines

<i>A.O.Mueck</i>	Are Estrogen Metabolites Carcinogenic?
<i>M. Gambacciani</i>	Postmenopausal Hormones Prevent Chronic, Age-Related Diseases
<i>D.W. Sturdee</i>	Is HRT Suitable only for Younger Postmenopausal Women?
<i>M. Birkhäuser – Ch. Bodmer</i>	The Role of the Menopause Clinic in Promoting the General Health of the Postmenopausal Woman

Stem Cell Therapy: Their Option in Anti-Aging Medicine

Schatzkammersaal

Chair: M. Hengstschläger, K.-H. Preisegger

<i>M. Hengstschläger</i>	Stem Cells in the Human Amniotic Fluid
<i>U. Jacob</i>	Umbilical Stem Cells
<i>K.-H. Preisegger</i>	Stem Cell Therapy – What is Myth, What is Reality?
<i>M.H. Frank</i>	Immunomodulatory Functions of ABCB5+ Dermal Mesenchymal Stem Cells
<i>C. Ganss</i>	The Significance of Stem Cells in (Preventive) Medicine

16.30 – 17.15 Coffee Break & Poster Presentation

17.15 – 18.45

Parallel Session

Osteoarthritis

Zeremoniensaal

Chair: K.G. Klein, R. Schabus

<i>C. Christiansen</i>	New Osteoarthritis Serum Marker
<i>R. Kotz</i>	Surgical Treatment of Osteoarthritis
<i>R. Dierichs – S. Rose</i>	Basics of Osteoarthritis
<i>R. Schabus</i>	Joint Trauma and Osteoarthritis

Healthy Aging and the Factor of Pursuing Happiness

Geheime Ratstube

Chair: I. Stamm, M. Birkhäuser

<i>H.P.G. Schneider</i>	Health and Happiness after Menopause: Medical and Ethical Aspects
<i>H. Laszlo</i>	Optimal Challenge in any Age – A Guarantee for Happiness in the Future
<i>E. Schuchardt</i>	Crisis Aging – A Learning Chance? Crisis Management – A Lucky Coincidence in Healthy Aging
<i>G. Fischhof</i>	Healthy Aging and the Factor Happiness

Anti-Aging Starts in the Mouth and Peri-Oral Area

Schatzkammersaal

Chair: I. Simma-Kletschka, H. Zeisler

<i>W. Schein</i>	Relations between Chronic Dental Infections and Systemic Disease
<i>V. Stejskal</i>	Metal Allergy and Toxicity – Risk Factors for Aging and Health
<i>J. Lechner</i>	Dental Toxins Block Enzymes and Cause Premature Aging
<i>I. Simma-Kletschka</i>	Acupuncture in the Mouth and the Peri-Oral Area

Workshops

*All Workshops take place at **Radetzky Appartement II***

8.30 – 9.30	<i>V. Grablowitz</i> Endoluminal Laser Therapy in Varicose Vessel Disease
14.30 – 15.30	<i>J.C. Huber</i> Practical Application of Polymorphism Diagnostics
16.15 – 17.15	<i>G. Holzer</i> Musculo Skeletal Anti-Aging
17.15 – 18.15	<i>P. Frigo</i> Hormone Therapy and Adipositas – From Cura Romana to hGH-Therapy

8.30 – 10.00

Parallel Session

Cancer I

Zeremoniensaal

Chair: H.P.G. Schneider, M. Notelovitz

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| <i>J. Donnez</i> | Preservation of Fertility and Ovarian Function in Young Women with Cancer |
| <i>E. Kubista</i> | Endocrine Therapy of Breast Cancer – Effects and Side Effects |
| <i>B. Kleine-Gunk</i> | Phytoestrogens and Breast Cancer – Protectors or Promoters? |

European Menopause and Andropause Society (EMAS)

Geheime Ratstube

EMAS Updates on HT

Chair: S. Rozenberg

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| <i>A. Gompel</i> | Breast Cancer |
| <i>S.O. Skouby</i> | Cardiovascular Disease |
| <i>D. Barlow</i> | EMAS Response to the EMEA Recommendation on Osteoporosis Prevention |

Open Forum: What are the Clinical Perspectives?

Androgens and Prostate

Schatzkammersaal

Chair: G. Schatzl, M. Metka

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|--------------------|--|
| <i>W. Loidl</i> | New Aspects in Early Diagnosis of Prostate Cancer |
| <i>G. Schatzl</i> | Genpolymorphism and Prostate Cancer Risk |
| <i>Ch. Kratzik</i> | Possible Relations between Testosterone Levels, Incidence and Grade of Prostate Cancer |
| <i>C. Brössner</i> | Testosterone Substitution and Prostate Safety |

10.00 – 10.45 Coffee Break

10.45 – 12.45

Parallel Session

The Endocrine Aging – Menopause

Zeremoniensaal

Chair: H.P.G. Schneider, S. Leodolter

- | | |
|----------------------|---|
| <i>M. Notelovitz</i> | Nutritional Hormonal Biology and Healthy Aging: The Role of Vitamin D |
| <i>J. Keckstein</i> | Endometriosis a Women Disease also in Peri- and Menopause |
| <i>R. Wenzl</i> | Nutrition – Aging and Endocrine Disorders |
| <i>M. Birkhäuser</i> | Is there a Role for Statins in the Menopausal Treatment? |

Cancer II

Geheime Ratstube

Chair: G. Kornek, L. Auerbach

- | | |
|------------------------|---|
| <i>A.B. Riemer</i> | Epitope-Specific Vaccination for Targeted Therapy against Mammarian and Colon Cancer |
| <i>W.G. Rossmanith</i> | Can We Learn from Tumour Endocrinology for Tumour Prevention? |
| <i>A.E. Schindler</i> | Ovarian Function and Reproduction:
Risk and Benefits for Cancer Development and Prevention |
| <i>M. Klentze</i> | Proteomics and Early Detection of Urinary Cancer |

Urogenital Aging and Disturbances: An Age Related Disease?

Schatzkammersaal

Chair: P. Frigo, G. Häusler

- | | |
|------------------|---|
| <i>W. Umek</i> | Features of Age-Related Changes in Pelvic Floor Imaging |
| <i>T. Laml</i> | Can Urinary Incontinence Be Prevented in Advanced Age Groups? |
| <i>E. Hanzal</i> | Pelvic Organ Prolapse: Risk Factors for an Aging Population |

12.45 – 13.00

Closing Remarks

Zeremoniensaal

Workshops

*All Workshops take place at **Radetzky Appartement II***

- | | |
|----------------------|---|
| 9.00 – 10.00 | <i>A. Wolf</i>
Practice of Personalized Medicine |
| 10.00 – 11.00 | <i>R. Ney</i>
Isolagen: Autologous Fibroblast Injections for Face Rejuvenation
(Report of 50 Cases) |

I. REGISTRATION

Registration Hours

Wednesday, October 18 th , 2006:	7.00 – 18.30
Thursday, October 19 th , 2006:	7.00 – 18.45
Friday, October 20 th , 2006:	7.00 – 18.45
Saturday, October 21 st , 2006:	7.00 – 13.00

Exhibition Hours

Wednesday, October 18 th , 2006:	14.00 – 17.00
Thursday, October 19 th , 2006:	9.00 – 17.30
Friday, October 20 th , 2006:	9.00 – 17.30
Saturday, October 21 st , 2006:	9.00 – 13.00

Registration Fees Onsite (per Person)	
Registration Fee (Oct. 18 th – 21 st , 2006)	€ 540
Student*	€ 280
Day Ticket (Oct. 18 th , Oct. 21 st , 2006)	€ 100
Day Ticket (Oct. 19 th , Oct. 20 th , 2006)	€ 190
Accompanying Person (no entrance to scientific programme)	€ 100
Gala Evening at Leopold Museum (Oct. 20 th , 2006)	€ 90

*) Student card or a certificate signed by the Head of Department (not older than 3 months) is required

Workshops		
P. Hadji	October 18 th , 2006, 10.00 – 16.00	€ 150
I. Lunzer	October 19 th , 2006, 11.00 – 12.00	€ 80
P. Hernuss	October 19 th , 2006, 16.15 – 17.15	€ 80
D. Grablowitz	October 19 th , 2006, 17.15 – 18.15	€ 80
V. Grablowitz	October 20 th , 2006, 8.30 – 9.30	€ 80
J.C. Huber	October 20 th , 2006, 14.30 – 15.30	€ 80
G. Holzer	October 20 th , 2006, 16.15 – 17.15	€ 80
P. Frigo	October 20 th , 2006, 17.15 – 18.15	€ 80
A. Wolf	October 21 st , 2006, 9.00 – 10.00	€ 80
R. Ney	October 21 st , 2006, 10.00 – 11.00	€ 80

The fee covers

For participants/students (whole conference):

- Admission to the Scientific Programme
- Admission to the Commercial Exhibition
- Conference Documents (incl. Final Programme and Book of Abstract)
- Refreshment Breaks
- Mayor's Reception at the City Hall, Thursday, October 19th, 2006

For accompanying persons (no admission to the Scientific Programme):

- Mayor's Reception at the City Hall, Thursday, October 19th, 2006
- Accompanying Persons Tour, Friday, October 20th, 2006

Cancellation and Booking Conditions

Registration

- before September 15th, 2006: Administrative fee of EURO 50,00 will be charged
- after September 15th, 2006: No refunds will be made

Hotel Reservations

- before September 15th, 2006: Handling fee of EURO 30,00 will be charged
- after September 15th, 2006: Cancellation fee equal to deposit per booked and confirmed room

Tour Reservations

- before September 15th, 2006: 100% refund
- after September 15th, 2006: No refunds will be made

No refunds can be made for any services not used.

II. SCIENTIFIC INFORMATION

Speaker & Chairperson

All speakers and chairpersons are asked to be in the session room no later than 15 minutes prior to the beginning of the session.

Poster

Please be informed that only posters with the dimensions 90 cm wide and 130 cm high can be presented. Posters should be presented during the coffee breaks in the morning and afternoon of the main conference days October 19th and 20th, 2006. We kindly ask to be present at the poster area during the following times:

Thursday, October 19th, 2006: 10.00 – 10.30 & 16.30 – 17.15

Friday, October 20th, 2006: 10.00 – 10.30 & 16.30 – 17.15

Speaker Ready Room

Will be open during the registration hours.

It is important that all speakers check their presentation(s) before their session in the Speaker Ready Room (Maria-Theresien-Appartement I). If you are scheduled to speak in the morning we ask to check your presentation the day before. For all other sessions we kindly ask to check your files at the latest of 2 hours prior to the beginning of your session.

Programme Changes

The organizers cannot accept liability for any changes in the programme due to external and unforeseen circumstances.

III. SOCIAL ACTIVITIES

Mayor's Reception

Thursday, October 19th, 2006

20.00 hrs at the Vienna City Hall

Dress Code: Casual

Included in the registration fee for registered participants and registered accompanying persons

Gala Dinner

Friday, October 20th, 2006

20.00 hrs at Leopold Museum

Dress Code: Evening Dress

Price per ticket EUR 90,00 including guided tour in Leopold Museum, Gala Dinner

Included Accompanying Persons Tour

"Fashion and Architecture in Vienna"

Friday, October 20th, 2006

Meeting Point: 15.00 hrs Hofburg Congress Center, Botschafterstiege

Duration: approx. 2 1/2 hours

IV. GENERAL INFORMATION

Venue and Date

The 1st European Congress on Anti-Aging Medicine & 16th Congress on Menopause Andropause Anti-Aging will be held at the Hofburg Congress Center, located at the Heldenplatz, A-1010 Vienna/Austria from October 18th – 21st, 2006. Entrance to the Congress is via "Schweizertor/Botschafterstiege".

Contact

Local Organizing Committee

J.C. HUBER, M. METKA, W. CLEMENTI
Universitätsklinik für Frauenheilkunde
Währinger Gürtel 18–20
A-1090 Vienna/Austria
Tel. +43 1 533 54 78
Fax +43 1 535 20 72

Congress Office

Sponsoring, registration, reservations for
hotels and tours, abstract handling
AUSTROPA INTERCONVENTION
Ms Kristin Volmer
Friedrichstrasse 7
A-1010 Vienna/Austria
Tel. +43 1 588 00 518 or 525
Fax +43 1 588 00 520
antiaging2006@interconvention.at
<http://www.antiaging-vienna2006.at>

Exhibition Management

If you are interested in exhibiting please
contact
MEDIZINISCHE AUSSTELLUNGS- UND
WERBEGES.M.B.H., M. RODLER & CO
Ms Martina Schwarz
Freyung 6
A-1010 Vienna/Austria
Tel. +43 1 536 63 71
Fax +43 1 535 60 16
martina.schwarz@media.co.at

Exhibition Hours

Wednesday, October 18 th , 2006:	14.00 – 17.00
Thursday, October 19 th , 2006:	9.00 – 17.30
Friday, October 20 th , 2006:	9.00 – 17.30
Saturday, October 21 st , 2006:	9.00 – 13.00

Language

The official congress language will be English. Simultaneous translation will be provided into German only at lecture room "Zeremoniensaal".

Name Badges

All participants, excluding accompanying persons, receive name badges at the registration desk and are kindly asked to wear their name badge for admission to the official scientific programme and exhibition.

Certificate of Attendance

A certificate of attendance will be handed out together with your congress documents.

Local Time

UTC/GMT + 1 hour

Climate

Austria has a characteristic continental climate with average temperatures in October of around 15° C.

Electricity

The current electricity used in Austria is 220 V, with 50 HZ frequency.

Currency / Credit Cards

The currency used in Austria is the EURO (€). Most hotels, restaurants and shops accept international credit cards. Major credit cards including American Express, Diners, Master Card, Eurocard and VISA are accepted. Automated cash dispensers are located outside most banks, cash can be withdrawn there 24 hours a day.

Opening Times

Banks: Monday to Friday 8.00 to 12.30 and 13.30 to 15.00, Thursday from 13.30 to 17.00 – 24 hours automated cash dispensers are located outside most banks.

Business hours: on working days 9.00 to 18.00, some until 20.00 on Thursday or Friday, Saturdays 9.00 to 13.00, larger shops and malls are open until 17.00, closed Sundays and public holiday.

Public Transport

Vienna boasts a modern, efficient public transport system consisting of tramways, underground railway [U-Bahn] and buses. Almost all hotels have easy access to the public transportation system. Tickets are sold from dispensers, ticket counters at major subway stations and in tobacco kiosks (TABAK). A weekly ticket, valid on all train, bus, tram and subway lines within Vienna costs € 12,50; a single-ride ticket € 1,50.

Insurance / Liability

Neither the organizer nor the congress office can be held liable for loss, injury or damage to any person or property or for any additional expenditure incurred due to changes, whatever the causes. Participants are advised to make their own arrangements for health and travel insurance.

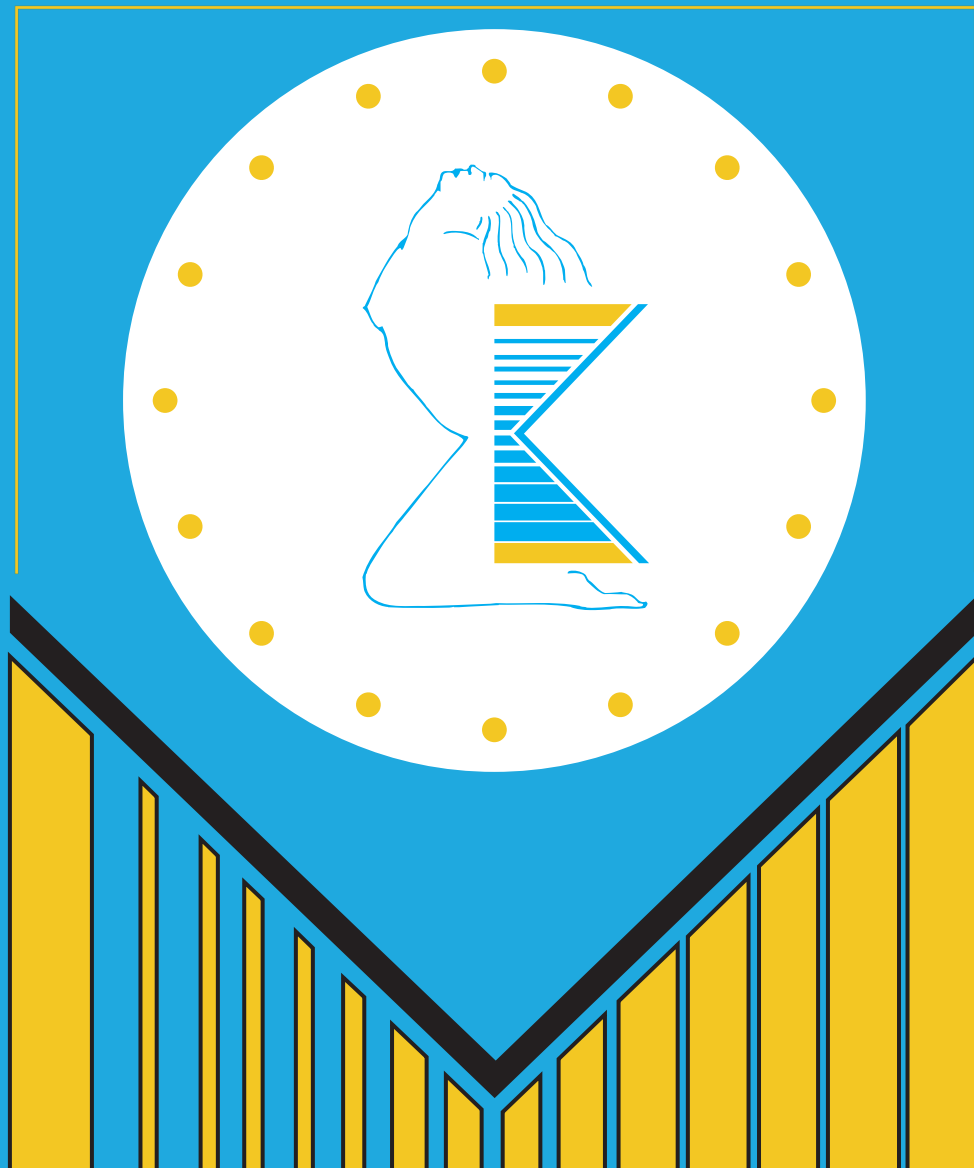
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 NOVOGEN Dr. Renate Moser, Austria
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 PHARMATAN, Austria
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 REJUVENAL Europe, The Netherlands
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 WYETH Pharma, Germany
 ZORG – Zürich Osteoporosis Research Group, Switzerland

MENOPAUSE 2007

ANDROPAUSE
ANTI-AGING

6.-8. Dezember 2007
HOTEL HILTON VIENNA



DER MENOPAUSEKONGRESS

VERANSTALTER:
M. M. METKA
J. C. HUBER
W. CLEMENTI

Kongress-Sprachen:
Deutsch und Englisch

Kongress-Sekretariat:
AUSTROPA INTERCONVENTION
Friedrichstrasse 7, A-1010 Wien, Austria
Tel: +43 1 588 00 510, Fax: +43 1 588 00 520
e-mail: menopause@interconvention.at
Kongresshomepage: www.menopausekongress.at

P R O G R A M M E A T A G L A N C E														
Wednesday, October 18 th , 2006				Thursday, October 19 th , 2006				Friday, October 20 th , 2006				Saturday, October 21 st , 2006		
Registration 7.00–18.30 Exhibition 14.00–17.00				Registration 7.00–18.45 Exhibition 9.00–17.00				Registration 7.00–18.45 Exhibition 9.00–17.30				Registration 7.00–13.00 Exhibition 9.00–13.00		
8.00				Diagnosis of Aging	Adjuvant Treatment of Cancer with Soy: Prospects and Limitations	Early Aging	Workshop GENOSENSE Diagnostics GmbH	Effects of Testosterone in Men	Physical Activity in the Aging Process	Free Communication I	Workshop V. Grablowitz	8.00		
8.30													8.30	
9.00														9.00
9.30														
10.00												10.00		
10.30	Workshop of Nutritional Associations and Societies			Coffee Break & Poster Presentation				Coffee Break & Poster Presentation				10.30		
11.00				Neuroprotection – Neuroaging	Satellite Symposium SCHERING AG	Nutrition: Risk or Benefit	Workshop I. Lunzer	Genetics & Polymorphism	Dermatology	An Outpatient Menopause & Anti-Aging Center Construction	Free Communication II		11.00	
11.30												11.30		
12.00													12.00	
12.30												12.30		
13.00				Lunch Symposium ALSTIAN GmbH & Co KG				Lunch Symposium VITABASIX					13.00	
13.30												13.30		
14.00													14.00	
14.30	Congress Opening: The Demographic Development in the 21 st Century			Aesthetic Medicine	General Management of Aging	Cardiovascular System and Aging Diseases		Osteoporosis	International Menopause Society (IMS)	Stem Cell Therapy	Workshop J.C. Huber	14.30		
15.00													15.00	
15.30												15.30		
16.00													16.00	
16.30				Coffee Break				Coffee Break & Poster Presentation				16.30		
17.00							Workshop P. Hernuss				Workshop G. Holzer		17.00	
17.30	Aging Theories – Why Aging?	Gender Specificity in Aging & Preventive Medicine	The Treasury of Nature Pharmacy	Trans-cendental Medicine								17.30		
18.00													18.00	
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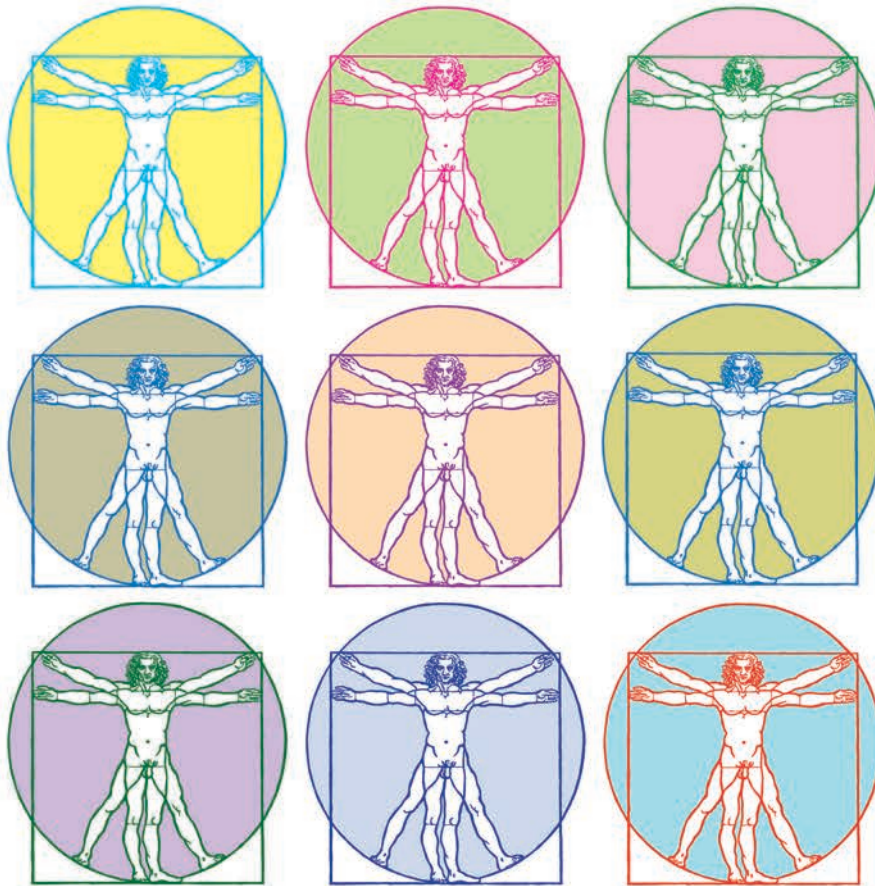
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